

**Second Annual
South Shore YMCA Strypers
Thanksgiving Invitational**

SSYMCA Millpond, 75 Mill St, Hanover, MA
November 27-29, 2008

ENTRY LIMITS: Athletes may enter and swim in a maximum of 3 individual events per day and 1 relay event a day. **8 & Unders will be included in the Saturday morning session.**

EVENTS and SESSIONS:

Friday Night Distance Meet: November 27 Warm-up: 4:00pm Start: 5:00 pm

Girls Events	Age Group	Event	Boys Events
1	Open	400 IM	2
3	12 & Under	500 Free	4
5	Open	1650 Free	6

Each participant must provide their own timer and counter (as needed) for distance events.

Saturday Morning: November 28 Warm-Up: 6:50am Start: 8:00am

Girls Events	Age Group	Event	Boys Events
7	8 & Under	100 Free Relay	8
9	9-10	100 Free	10
11	8 & Under	25 Free	12
13	13-14	200 Free	14
15	8 & Under	25 Breast	16
17	9-10	50 Breast	18
19	13-14	100 Breast	20
21	8 & Under	25 Back	22
23	9-10	50 Back	24
25	13-14	200 Back	26
27	8 & Under	25 Fly	28
29	9-10	50 Fly	30
31	13-14	200 Fly	32
33	8 & Under	100 Med Relay	34
35	9-10	200 Medley Relay	36
37	13-14	200 Medley Relay	38

Saturday Afternoon: November 29 Warm-Up: 1:00pm Start 2:10pm

Girls Events	Age Group	Event	Boys Events
39	11-12	200 Free	40
41	15 & Over	50 Free	42
43	11-12	50 Free	44
45	15 & Over	100 Back	46
47	11-12	100 Back	48
49	15 & Over	200 Free	50
51	11-12	100 Fly	52
53	15 & Over	200 Breast	54
55	11-12	100 Breast	56
57	15 & Over	400 Medley Relay	58
59	11-12	200 Medley Relay	60

Sunday Morning: November 29 Warm-Up: 6:50am Start: 8:00am

Girls Events	Age Group	Event	Boys Events
61	13-14	50 Free	62
63	9-10	100 IM	64
65	13-14	200 IM	66
67	9-10	100 Fly	68
69	13-14	100 Back	70
71	9-10	100 Breast	72
73	13-14	100 Free	74
75	9-10	100 Back	76
77	13-14	200 Breast	78
79	9-10	50 Free	80
81	13-14	200 Free Relay	82
83	9-10	200 Free Relay	84

Sunday Afternoon: November 29 Warm-Up: 12:30pm Start 1:40pm

Girls Events	Age Group	Event	Boys Events
85	15 & Over	800 Free Relay	86
87	11-12	50 Breast	88
89	15 & Over	100 Breast	90
91	11-12	50 Back	92
93	15 & Over	200 Back	94
95	11-12	100 Free	96
97	15 & Over	100 Free	98
99	11-12	50 Fly	100
101	15 & Over	200 IM	102
103	11-12	200 Free Relay	104
105	15 & Over	400 Free Relay	106