

## MAG Regional Warm Up Assignments

<b>Friday 3:35-4:00pm</b>						<b>Start at 5:05pm</b>
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	
MAG	MAG	MAG	MAG	MAG	MAG	
<b>Friday 4:00-4:25pm</b>						
YNS	YNS	YNS	YNS/EST	EST	EST	
<b>Friday 4:25-4:50pm</b>						
NWSC	NWSC	NWSC	HHS	BYB/DYD/PST	SOLO	
<b>4:50-5:00 SPRINTS ALL LANES</b>						

<b>Saturday Morning 7:30-7:50am</b>						<b>Start at 8:50</b>
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	
BYB	NSYV/MAG	MAG	MAG	MAG	MAG	
<b>Saturday Morning 7:50-8:10am</b>						
YNS	YNS	YNS	YNS/DYD	NWSC	NWSC	
<b>Saturday Morning 8:10-8:30am</b>						
EST	EST	EST/PST	PST	HHS	SOLO	
<b>8:30-8:45 SPRINTS ALL LANES</b>						

<b>Saturday 8&amp;U 12:30-12:50pm</b>						<b>Start at 12:55pm</b>
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	
NWSC/BYB/PST	HHS/YNS	SLO	EST	MAG	MAG	

<b>Saturday Afternoon 2:15-2:40PM</b>						<b>Start at 3:20pm</b>
SOLO/DYD	NWSC	NWSC	MAG	MAG	MAG	
<b>Saturday Afternoon 2:40-3:05PM</b>						
PST/NSYV	BYB	HHS/EST	EST	YNS	YNS	
<b>3:05-3:15 SPRINTS ALL LANES</b>						

<b>Saturday Evening (1650), Warm up at 6:30pm</b>						<b>Start at 7:00pm</b>
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	
<b>Open warm up - all lanes</b>						

<b>SUNDAY Morning 7:30-7:50am</b>						<b>Start at 8:50</b>
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	
BYB	NSYV/MAG	MAG	MAG	MAG	MAG	
<b>SUNDAY Morning 7:50-8:10am</b>						
YNS	YNS	YNS	YNS/DYD	NWSC	NWSC	
<b>SUNDAY Morning 8:10-8:30am</b>						
EST	EST	EST/PST	PST	HHS	SOLO	
<b>8:30-8:45 SPRINTS ALL LANES</b>						

<b>SUNDAY 8&amp;U 1:45-2:05pm</b>						<b>Start at 2:10pm</b>
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	
NWSC/BYB/PST	HHS/YNS	SLO	EST	MAG	MAG	

<b>Sunday Afternoon 3:30-3:55pm</b>						<b>Start at 4:35pm</b>
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	
SOLO/DYD	NWSC	NWSC	MAG	MAG	MAG	
<b>Sunday Afternoon 3:55-4:20PM</b>						
PST/NSYV	BYB	HHS/EST	EST	YNS	YNS	
<b>4:20-4:30 SPRINTS ALL LANES</b>						

## MAG Regional TIMING ASSIGNMENTS

<b>FRIDAY (EVENTS 1-12)</b>					
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
MAG	MAG	MAG	MAG	MAG	MAG

<b>FRIDAY (EVENTS 13-18)</b>					
<b>TIME YOUR OWN SWIMMER</b>					

<b>SATURDAY MORNING (TIMERS MEETING AT 8:30AM)</b>					
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
MAG/MAG	EST/EST	YNS/YNS	BYB/HHS	NWSC/NWSC	PST/SOLO

<b>SATURDAY 8&amp;U (TIMERS MEETING AT 12:40)</b>					
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
MAG/MAG	MAG/MAG	MAG/BYB	HHS/NWSC	PST/SOLO	EST/YNS

<b>Saturday Afternoon (TIMERS MEETING AT 3:00)</b>					
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
MAG/MAG	MAG/MAG	BYB/HHS	EST/EST	NWSC/NWSC	YNS/YNS

<b>SATURDAY EVENING</b>					
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
<b>TIME YOUR OWN SWIMMER</b>					

<b>SUNDAY Morning (TIMERS MEETING AT 8:30)</b>					
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
MAG/MAG	EST/EST	BYB/DYD	HHS/NWSC	NSYV/PST	YNS/YNS

<b>SUNDAY 8&amp;U (TIMERS MEETING AT 2:50)</b>					
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
MAG/MAG	MAG/MAG	EST/EST	HHS/NWSC	BYB/PST	SOLO/YNS

<b>SUNDAY AFTERNOON (TIMERS MEETING AT 4:15)</b>					
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
MAG/MAG	MAG/BYB	EST/HHS	PST/SOLO	NWSC/NWSC	YNS/YNS